

Your Health

Have a say, make a difference



Consumers
Health Forum
of Australia

ACN 146 988 927

Australia's health system is undergoing major change to make it more efficient and accessible.

To help influence those changes and improve the health system the Consumers Health Forum of Australia (CHF) needs to hear and learn from your personal experiences – both good and bad. We want you to have a say.

The Australian Government has asked CHF to help give consumers (you) a stronger voice in national health reform through the *Our Health, Our Community* Project. This project will provide consumers with the information and resources they need to help them better navigate the health system, and allow them to have a say about how their health services can be improved.

The first step is the establishment of a website – www.ourhealth.org.au – to give consumers easy access to information and to allow them to share with others their experiences of the health system. On ourhealth.org.au is a survey that will help us develop the website. Tell us what you think either through the survey or by contacting us directly.

The *Our Health, Our Community* Project will also provide information and support for those who are, or decide to become, more active health consumer representatives. CHF will train and support 120 health consumers who can become members of the Governing Councils of Local Hospital Networks (LHNs) and Medicare Locals.

Reforming and improving our complex health system is not an easy process. But it will be made easier if you, the health consumer, are actively involved.

Please have your say at www.ourhealth.org.au

Contact CHF on (02) 6273 5444 or PO Box 3099 Manuka ACT 2603

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